

## Frequently Asked Questions for Surgery

- **How long does it take to schedule my surgery?**  
It takes 7-10 business days to schedule surgery. Our office must contact the facility to make sure they have availability on a particular day. We also will contact your insurance company for prior authorization if it is required.
- **Do I need to do anything before my surgery?**  
Yes. You will be given an order for some pre-operative blood work, and other testing based on your age and medical history. You **MUST** have clearance from your primary care physician/cardiologist if you have a history of heart problems.
- **Do I need to schedule an appointment to see the doctor before surgery?**  
No. When our office calls you with your surgery date/time, we will also set you up for an appointment 3-4 weeks before the surgery. At this visit the physician will make sure you are healthy to have surgery, as well as answer any questions that you may have for him.
- **How soon after surgery will I be able to return to work?**  
This is not the same for everyone. It depends on what type of surgery you have, what type of work you do, and how quickly you recover. This is a very good question to ask at your pre-op appointment.
- **Do I need to schedule an appointment to see the doctor after surgery?**  
Yes. You should set your post-operative appointment when you come into the office for your pre-op appointment. When our office calls you with a surgery date and time we will set up your post-op appointment.
- **When will my stitches/staples be removed?**
  - Knee scope: 1 week after surgery
  - Shoulder scope: you will have the small stitches removed 1 week after surgery, and then you will come back in 1 more week to have the final long stitch removed.
  - Total Joint Replacement: 2 weeks after surgery
  - Carpal Tunnel Release: 2 weeks after surgery

**YOU MAY NOT GET YOUR INCISION WET WHILE YOU HAVE STITCHES/STAPLES!!**

- **When will I be able to drive?**  
You should ask the physician this question at your pre-op appointment so that you may make arrangements for transportation after surgery.